



# GLUTEN FREE School Dinner Menu



FRESH MILK Is available daily



FRESH FRUIT & SALAD Available daily!



## Week Commencing 8<sup>th</sup> Feb

## Week Commencing 22<sup>nd</sup> Feb

## Week Commencing 1<sup>st</sup> March

## Week Commencing 8<sup>th</sup> March

Monday

**Choose a Main**  
Sausages

**With**  
Creamed potatoes (M)  
Sweetcorn peas  
Gravy

**Dessert**  
Sponge Cake (M,E)

**Choose a Main**  
Meat balls

**With**  
Pasta  
Pea  
Sweetcorn

**Dessert**  
Chocolate brownie (M)

**Choose a Main**  
Chicken Goujons

**With**  
Chips  
Baked Beans  
Peas

**Dessert**  
Chocolate cake (M,E)

**Choose a Main**  
Fish cake (F)

**With**  
Chips  
Mushy peas  
Peas

**Dessert**  
Jam tart (M)

Tuesday

**Choose a Main**  
Beef Chilli

**With**  
Rice  
Peas

**Dessert**  
Ice cream (M)

**Choose a Main**  
Fish (F)

**With**  
Creamed Potatoes (M)  
Parsley Sauce (M)  
Peas Green beans

**Dessert**  
Jelly pots

**Choose a Main**  
Beef Bolognese

**With**  
Pasta  
Sweetcorn  
Peas

**Dessert**  
Fruit & cream (M)

**Choose a Main**  
Chicken hot pot

**With**  
Potato slices  
Cauliflower  
Sweetcorn

**Dessert**  
Angel delight (M)

Wednesday

**Choose a Main**  
Roast Turkey

**With**  
Roast potatoes  
Broccoli carrots  
Gravy

**Dessert**  
Apple crumble & custard (M)

**Choose a Main**  
Minced Beef

**With**  
Potatoes,  
Carrots  
Peas

**Dessert**  
Fruit

**Choose a Main**  
Roast beef

**With**  
Roast Potatoes  
Broccoli  
Carrots, Gravy

**Dessert**  
Sponge & custard (M,E)

**Choose a Main**  
Roast pork  
Apple sauce

**With**  
Roast potatoes  
Cabbage carrots  
Gravy

**Dessert**  
Angel delight (M)

Thursday

**Choose a Main**  
Cook's choice

**With**

**Dessert**

**Choose a Main**  
Chicken tikka (M)

**With**  
Rice  
Peas

**Dessert**  
Toffee Mousse (M)

**Choose a Main**  
Chicken Curry

**With**  
Rice  
Peas

**Dessert**  
Ice Cream (M)

**Choose a Main**  
Mince Beef Pie (M)

**With**  
Potatoes  
Peas  
Sweetcorn

**Dessert**  
Sponge cake (M,E)

Friday

**Choose a Main**  
Inset day

**With**

**Dessert**

**Choose a Main**  
Hot dog

**With**  
French fires  
Baked beans  
Peas

**Dessert**  
Biscuits

**Choose a Main**  
Beef Burger & bun  
Cheese (M)

**With**  
Potato wedges  
Baked Beans

**Dessert**  
Jam Sponge (M,E)

**Choose a Main**  
Chicken Bites

**With**  
French fries  
Baked Beans  
Peas

**Dessert**  
Flapjack (S,M)



Jacket potatoes available daily!



ALLERGIES - Children with allergies will be catered for from the menu using modified dishes when necessary.

**This is the Gluten Free menu**

(C) Celery, (Cr) Crustaceans, (E) Eggs, (F) Fish, (G) Gluten, (L) Lupin, (M) Milk, (MO) Molluscs, (Mu) Mustard, (N) Nuts, (P) Peanuts, (Se) Sesame, (S) Soybeans, (Su) Sulphites. Some ingredients may contain traces of other allergens if they are produced in premises where they are present.