



GLUTEN FREE School Dinner Menu



FRESH MILK is available daily



FRESH FRUIT & SALAD Available daily!



Week Commencing 2nd Nov

Week Commencing 9th Nov

Week Commencing 16th Nov

Week Commencing 23rd Nov

Monday

Choose a Main
INSET DAY
School Closed

With

Dessert

Choose a Main
Chicken Goujons

With
Chips
Peas
Baked Beans

Dessert

Jelly Pots

Choose a Main
Chicken Bites

With
Chips
Baked Beans
Peas

Dessert

Chocolate Brownie (M)

Choose a Main
Assorted Pizza (M)

With
Potato Cubes
Sweetcorn
Peas

Dessert

Peaches and Cream (M)

Tuesday

Choose a Main
Meatballs

With
Pasta
Mixed Vegetables

Dessert

Chocolate Sponge (M,S,E)

Choose a Main
Fish (F)

With
Creamed Potatoes (M)
Parsley Sauce (M)
Peas

Dessert

Fruit or Yoghurt (M)

Choose a Main
Sausage

With
Creamed Potatoes
Green Beans
Sweetcorn
Gravy

Dessert

Sponge Cake (M)

Choose a Main
Beef Chilli

With
Rice
Mixed Vegetables

Dessert

Ice Cream (M)

Wednesday

Choose a Main
Minced Beef

With
Creamed Potatoes (M)
Sweetcorn
Peas

Dessert

Ice Cream (M)

Choose a Main
Roast Beef

With
Roast Potatoes, Gravy
Carrots
Cauliflower

Dessert

Chocolate Sponge (M)

Choose a Main
Roast Gammon

With
Roast Potatoes
Cabbage
Carrots, Gravy

Dessert

Rice Pudding and Sultanas (M)

Choose a Main
Roast Chicken

With
Roast Potatoes
Broccoli, Carrots
Gravy

Dessert

Apple Crumble & Cream (M)

Thursday

Choose a Main
Roast Chicken

With
Gravy, Carrots, Broccoli
Roast Potatoes
Gravy

Dessert

Sponge Cake (M,S,E)

Choose a Main
Bacon

With
Hash Browns,
Tomatoes,
Baked Beans,
Scrambled Egg (E)

Dessert

Toffee Mousse (M)

Choose a Main
Chicken Curry

With
Rice
Peas

Dessert

Ice Cream (M)

Choose a Main
Beef Steak Pie

With
Potatoes
Green Beans
Sweetcorn

Dessert

Yoghurt (M) or fruit

Friday

Choose a Main
Hot Dog

With
Baked Beans
Peas
French Fries

Dessert

Biscuits

Choose a Main
Beef Bolognese

With
Pasta
Mixed Vegetables

Dessert

Angel Delight (M)

Choose a Main
Beef Burgers, bun and
Cheese (M)

With
French Fries
Baked Beans
Peas

Dessert

Plain Sponge (M)

Choose a Main
Fish Fingers

With
Chips
Baked Beans
Peas

Dessert

Sponge Cake (M)



Jacket potatoes available daily!



ALLERGIES - Children with allergies will be catered for from the menu using modified dishes when necessary.

This is the Gluten Free menu

(C) Celery, (Cr) Crustaceans, (E) Eggs, (F) Fish, (G) Gluten, (L) Lupin, (M) Milk, (MO) Molluscs, (Mu) Mustard, (N) Nuts, (P) Peanuts, (Se) Sesame, (S) Soybeans, (Su) Sulphites. Some ingredients may contain traces of other allergens if they are produced in premises where they are present.