



School Dinner Menu — Monday 5th October - Friday 23rd October 2020

Monday

w/c 5th October

Choose a main **with**
 Chicken steaks Baked beans
 Peas
 Wedges

Dessert
 Marble sponge (G,S,E,M)

Tuesday

Choose a main **with**
 Minced beef pie (G,E,S,M) Wedges
 Quorn pie (G,S,E,M) Green beans
 Peas

Dessert
 Ice cream tubs (M)

Wednesday

Choose a main **with**
 Roast pork Roast Potatoes (G)
 Vegetable Kiev (G,S) Gravy (G)
 Stuffing (G)

Dessert
 Treacle sponge and custard (G,M,S,E)
 Carrots / cauliflower

Thursday

Choose a main **with**
 Sweet and sour chicken Peas/sweetcorn
 (G,S) Rice
 Quorn sweet and sour Prawn crackers (CR)
 (G,S,E)

Dessert
 Toffee mousse (M)

Friday

Choose a main **with**
 Bacon cobs Waffles
 Quorn Sausage (G,M,E) Baked beans
 Peas

Dessert
 Homemade biscuit (G,M,S,E)

w/c 12th October

Choose a main **with**
 Sausage rolls (G,M,MU,S) Creamed potatoes (M)
 Quorn roll (M,MU,S,G) Peas/Sweetcorn
 Gravy (G)

Dessert
 Chocolate crunch (M,G,E,S)

Choose a main **with**
 Chicken curry (M,S) Rice
 Vegetable curry (M,E,S) Peas
 Nan bread (G,E,M)

Dessert
 Artichoke roll (G,E,S,M)

Choose a main **with**
 Roast turkey Roast Potatoes (G)
 Cheese pasta bake Gravy (G)
 (G,M) Carrots / Broccoli

Dessert
 Cheese cake (G,S,M)

Choose a main **with**
 Minced beef (G) Creamed potatoes (M)
 Quorn mince (G,S,E) Green beans
 Sweetcorn

Dessert
 Shortbread (G,S,M)

Choose a main **with**
 Fish cake (F,G),M,MU,SU) Chips
 Cheese country bake Peas
 (M,G) Mushy peas

Dessert
 Muffins (M,S,G,E)

w/c 19th October

Choose a main **with**
 Assorted pizza (G,M) Baked beans
 Peas
 Wedges

Dessert
 Strawberry Mousse (M)

Choose a main **with**
 Chilli con carne (G) Rice
 Quorn chilli (G,S,E) Garlic bread (G)
 Mixed veg

Dessert
 Fruit cocktail

Choose a main **with**
 Roast chicken Roast Potatoes (G)
 Quiche (G,M,S,E) Gravy (G)
 Carrots / cabbage

Dessert
 Iced sponge (G,M,S,E)

Choose a main **with**
 Chicken hotpot (M,S,G) Potato slices
 Vegetable hotpot (M,E,S) Peas
 Broccoli

Dessert
 Apple flapjack (G,S,M)

Choose a main **with**
 Breaded fish (F) Chips
 Veggie Fingers (G) Mushy peas
 Sweetcorn

Dessert
 Flapjack (G,S,M)

FRESH SALAD
 Is available on
 a daily basis

FRESH FRUIT
 Is available on
 a daily basis

Jacket potatoes,
 sandwiches
 available daily!

FRESH MILK
 Is available on
 a daily basis

(C) Celery, (Cr) Crustaceans, (E) Eggs, (F) Fish, (G) Gluten, (L) Lupin, (M) Milk
 (MO) Molluscs, (Mu) Mustard, (N) Nuts, (P) Peanuts, (Se) Sesame, (S) Soybeans, (Su) Sulphites
 Some ingredients may contain traces of other allergens if they are produced in premises where they are present.
 Salad bar, fruit, yogurts & Jacket potatoes available daily. Sandwiches available on selected days.

ALLERGIES

Children with allergies will be catered for from the menu using modified dishes when necessary. **There is a separate Gluten Free menu**