

## School Dinner Menu—Monday 14th September - Friday 2nd October 2020

Monday

### w/c 14th September

**Choose a main** **with**  
Assorted pizza (G,M) Baked beans  
Peas  
Wedges

**Dessert**  
Lemon sponge (G,S,E,M)

Tuesday

**Choose a main** **with**  
Chilli con carne (G) Rice  
Quorn chilli (G,E,M) Mixed veg  
Tacos (S)

**Dessert**  
Artic roll (M)

Wednesday

**Choose a main** **with**  
Roast chicken Roast Potatoes (G)  
Vegetable kiev's (G,S) Gravy (G)

**Dessert** Carrots / green beans  
Apple crumble and custard (G,M,S,E)

Thursday

**Choose a main** **with**  
Breaded fish (f) Creamed potatoes (M)  
Vegetable fingers (G) Peas/sweetcorn

**Dessert**  
Chocolate muffin (G,S,M,E)

Friday

**Choose a main** **with**  
Hot dogs (G) French fries  
Quorn dog (G,M,E) Hoops (G)  
Peas

**Dessert**  
Homemade biscuit (G,M,S,E)

### w/c 21st September

**Choose a main** **with**  
Meatballs (M,G) pasta  
Quorn balls (E,G) Peas/Sweetcorn

**Dessert**  
Toffee mousse (M)

**Choose a main** **with**  
Chicken Tikka (M,S) Rice  
Vegetable tikka (M,E,S) Peas  
Nan bread (G.E.M)

**Dessert**  
Ice cream (M)

**Choose a main** **with**  
Roast beef Roast Potatoes (G)  
Tomato pasta bake (G,M) Gravy (G)  
Yorkshire pudding (G,M,E)

**Dessert** Carrots / Broccoli  
Rice pudding and saltanas (M)

**Choose a main** **with**  
Bacon Hash brown  
Quorn sausage (G,S,E) baked beans  
Scrambled eggs (E,M)

**Dessert**  
Doughnuts (G,S,M,E)

**Choose a main** **with**  
Fish fingers (F,G) Chips  
Cheese country bake (M,G) Peas  
Spaghetti hoops (G)

**Desserts**  
Sponge cake (G,M,S,E)

### w/c 28th September

**Choose a main** **with**  
Sausage (G) Creamed potatoes (M)  
Quorn sausage (E,M,G) Peas  
Sweetcorn

**Dessert**  
Lemon drizzle cake (G,M,S,E)

**Choose a main** **with**  
Beef bolognaise (G,S,E) Pasta  
Quorn bolognaise (G,M) Garlic bread (G)  
Mixed veg

**Dessert**  
Strawberry mousse (M)

**Choose a main** **with**  
Roast Gammon Roast Potatoes (G)  
Cheese pasta bake (G,M) Gravy (G)  
Carrots / broccoli

**Dessert**  
Jam sponge (G,M,S,E)

**Choose a main** **with**  
Chicken curry (M,S) Rice  
Vegetable curry (M,E,S) Peas  
Nan bread (G,E,M,)

**Dessert**  
Ice cream (M)

**Choose a main** **with**  
Cheese burger in bun (G,M) French fries  
Quorn Burger (G,M,E) Baked beans  
Peas

**Dessert**  
Rice krispy cake (M)

FRESH SALAD  
Is available on  
a daily basis

FRESH FRUIT  
Is available on  
a daily basis

Jacket potatoes,  
sandwiches  
available daily!

FRESH MILK  
Is available on  
a daily basis

(C) Celery, (Cr) Crustaceans, (E) Eggs, (F) Fish, (G) Gluten, (L) Lupin, (M) Milk  
(MO) Molluscs, (Mu) Mustard, (N) Nuts, (P) Peanuts, (Se) Sesame, (S) Soybeans, (Su) Sulphites  
Some ingredients may contain traces of other allergens if they are produced in premises where they are present. **Salad bar, fruit, yogurts & Jacket potatoes available daily. Sandwiches available on selected days.**

### ALLERGIES

Children with allergies will be catered for from the menu using modified dishes when necessary.