

## School Dinner Menu—Monday 14th September- Friday 1st September 2020

Monday

### w/c 14th September

**Choose a main** **with**  
 Assorted pizza (G,M) Baked beans  
 Peas  
 Wedges

**Dessert**

Lemon sponge cake (G,M,S,E)

Tuesday

**Choose a main** **with**  
 Chilli con carne (G) Rice  
 Quorn chilli (G,M,E) Mixed veg  
 Tacos (S)

**Dessert**

Artic roll (G,S,E,M)

Wednesday

**Choose a main** **with**  
 Roast chicken Roast Potatoes (G)  
 Quorn fillets (G,E,M) Gravy (G)

**Dessert**

Carrots / Green beans  
 Apple crumble an custard (G,M,S)

Thursday

**Choose a main** **with**  
 Breaded fish (F) Creamed potatoes (M)  
 Veggie Fingers (G) Peas & sweetcorn

**Dessert**

Parsley sauce (M)  
 Chocolate muffin (G,S,M,E)

Friday

**Choose a main** **with**  
 Hotdog (G) French fries  
 Quorn dog (G,M,E,) Peas  
 Hoops (G)

**Dessert**

Homemade biscuit (G,M,S,E)

### w/c 21th September

**Choose a main** **with**  
 Meatballs (M,G) Pasta  
 Quorn balls (E,G) Peas/Sweetcorn

**Dessert**

Toffee mousse (M)

**Choose a main** **with**  
 Chicken Tikka (M,S) Rice  
 Vegetable tikka M,E,S) Peas  
 Nan bread (G.E.M)

**Dessert**

Ice cream (M)

**Choose a main** **with**  
 Roast beef Roast Potatoes (G)  
 Tomato pasta (G,M) Gravy (G)  
 Yorkshire pudding (G,M,E)  
 Carrots / Broccoli

**Dessert**

Rice pudding & saltanas (M)

**Choose a main** **with**  
 Bacon Hash browns  
 Quorn Sausage (G,M,E) Baked beans  
 Scrambled eggs (E,M)  
 Tomatoes

**Dessert**

Doughnuts (G,S,M,E)

**Choose a main** **with**  
 Fish fingers (F,G) Chips  
 Vegetable fingers (G) Peas  
 Spaghetti hoops ( G)

**Desserts**

Sponge cake( G,M,S,E)

### w/c 28th September

**Choose a main** **with**  
 Sausage (G) Creamed potatoes ( M)  
 Quorn Sausage( E,M,G) Sweetcorn  
 Peas  
 Gravy (G)

**Dessert**

Lemon drizzle cake (G,M,S,E)

**Choose a main** **with**  
 Beef bolognaise (G,S,E) Pasta (G)  
 Quorn bolognaise (G,S,E) Garlic bread (G)  
 Mixed veg

**Dessert**

Strawberry mousse (M)

**Choose a main** **with**  
 Roast gammon Roast Potatoes (G)  
 Cheese pasta bake (G,M) Gravy (G)  
 Carrots / Broccoli

**Dessert**

Jam sponge and custard (G,M,S,E)

**Choose a main** **with**  
 Chicken curry (M,S) Rice  
 Vegetable curry (M,E,S) Peas  
 Nan bread (G.E.M)

**Dessert**

Ice cream tubs (M)

**Choose a main** **with**  
 Cheese burger in bun ((G,M) French fires  
 Quorn burger (G,M,E) Baked beans  
 Peas

**Dessert**

Rice Krispy cake (M)

FRESH SALAD  
 Is available on  
 a daily basis

FRESH FRUIT  
 Is available on  
 a daily basis

Jacket potatoes,  
 sandwiches  
 available daily!

FRESH MILK  
 Is available on  
 a daily basis

(C) Celery, (Cr) Crustaceans, (E) Eggs, (F) Fish, (G) Gluten, (L) Lupin, (M) Milk  
 (MO) Molluscs, (Mu) Mustard, (N) Nuts, (P) Peanuts, (Se) Sesame, (S) Soybeans, (Su) Sulphites  
 Some ingredients may contain traces of other allergens if they are produced in premises where they are present. **Salad bar, fruit, yogurts & Jacket potatoes available daily. Sandwiches available on selected days.**

### ALLERGIES

Children with allergies will be catered for from the menu using modified dishes when necessary.