



February 2020 Issue

Social Communication & Autism Parent Support Groups & Courses 2019 - 2020

If your child (under 16 years of age) has recently been diagnosed as having an Autism Spectrum Condition we would recommend you attend one of these drop in events where an Autism Champion will be able to talk to you about courses, services, organisations and support groups in the local area.

Title: Parent Drop In
For: Parents/Carers of children with a diagnosis of Autism
Date: From 10 September 2019 and ongoing (most weeks in different locations)
Time: 1pm - 3pm or 10am - 12pm
Location: Mackworth Morley Childrens Centre, Alvaston Childrens Centre and Becket Children's Centre
Organised by: Derby City Council Children's Centre Autism Champions (attended by citywide services including SENDIASS and Umbrella)
For more information: See [Autism Drop In Leaflet](#)
Contact: Mackworth CC – 208175, Alvaston CC – 757991, Becket CC – 640250

Title: Parent Carers Together Drop In
For: Parents Carers of children with a diagnosis of Autism or Social Communication Needs
Date: From 22 November 2019 and ongoing (most Fridays)
Time: 10am – 12pm
Location: PCT Hub, Suite 11, Litchurch Plaza, Litchurch Lane, Derby, DE24 8AA
Organised by: Parent Carers Together
Cost: Free
For more information: <http://parentcarerstogogether.com/>
Contact: info@parentcarerstogogether.com

Title: National Autistic Society Derby and District Monthly Meetings (with speakers)
For: Parents Carers of children with a diagnosis of Autism or Social Communication Needs
Date: Tuesdays during term time
Time: 7pm to 9pm
Location: The Farmhouse at Mackworth, 60 Ashbourne Road, DE22 4LY
Organised by: National Autistic Society Derby and District Branch
Cost: Free (please check)
For more information: <https://www.autism.org.uk/services/local/england/east-midlands.aspx>
Contact: derbyanddistrict@nas.org.uk

Courses

Title: Behaviour in Under 8s (with Autism)
For: Parents of children under 8 with a diagnosis of Autism or Social Communication Needs
Date: Friday 28 February 2020
Time: 12.45-15.00
Location: Alvaston Childrens Centre 875 London Road, DE24 8UY
Organised by: Autism Derby by Julie Fearn
Cost: £25
For more information: Autism Derby
Contact: Julie@autismderby.co.uk or 07949 840 505

Title: Communication in Under 8s (with Autism)
For: Parents of children under 8 with a diagnosis of Autism or Social Communication Needs
Date: Friday 27 March 2020
Time: 12.45-15.00
Location: Alvaston Childrens Centre 875 London Road, DE24 8UY
Organised by: Autism Derby by Julie Fearn
Cost: £25
For more information: Autism Derby
Contact: Julie@autismderby.co.uk or 07949 840 505

Title: **Incredible Years Parenting Programme**
For: Parents with children up to 12 years who are struggling with the behaviour and/ or demands of their children
Date: Courses ongoing on different dates throughout the year
Time: Various times
Location: Children's Centres
Organised by: Trained Incredible Years Childrens Centre Practitioners/ Family Visitors
Cost: Free
For more information: <http://www.incredibleyears.com/>
Contact: Osmaston Allenton Childrens Centre (age 6-12 years)- Marcia Robinson on 01332 715620, Sue Barber on 01332 715625/ Alvaston Childrens Centre (age 3–6 years) – Alan Seagrave and Beth Broomfield on 01332 757991/ Mackworth Childrens Centre (age 2-6 years) – Louise Fisher on 01332 208175

Title: **Early Support Group**
For: Children under or awaiting referral to SPOA for Social Communication Difficulties from 22 months 3 years+
Date: Courses ongoing on different dates throughout the year
Time: Various times
Location: Mackworth Morley Childrens Centre, Alvaston Children's Centre and Becket Children's Centre
Organised by: Children's Centre
Cost: Free
For more information: <https://www.derby.gov.uk/health-and-social-care/safeguarding-children/childrens-centres/>
Contact: Mackworth CC – 641010, Alvaston CC – 757991, Becket CC – 64025

Title: **Parent/Carer Sensory Group**
Date: Ongoing
Organised by: Paediatric Therapy Service, NHS Foundation Trust
Cost: Free
For more information: <https://www.derbyshirehealthcareft.nhs.uk/services/childrens-complex-health-derby-and-southern-derbyshire/childrens-occupational-therapy-and-physiotherapy/referrals>
Contact: 0300 1234586 (options 2 and 5) or dmh-tr.therapyenquiries@nhs.net

Title: Hanen More than Words (Parent-Child Interaction Course)
For: Families of children accessing the Speech and Language Therapy Service via their speech and language therapist
Date: Variable
Time: Variable
Location: Coleman Street Health Centre
Organised by: Speech and Language Therapy Service
Cost: Free
For more information: Speak to your child's speech and language therapist
Contact: 01332 888060

Title: The Cygnet Course
For: Parents of children age 5 years and over with evidence of a learning disability
Organised by: Community Nursing at The Light House (the integrated disabled children's service)
Cost: Free
For more information: <https://www.derby.gov.uk/health-and-social-care/disabilities/disabled-children-and-young-people-the-lighthouse/>
Contact: 01332 256990 or thelighthouse@derby.gov.uk

Also find courses on Eventbrite <https://www.eventbrite.co.uk/>

Social Communication & Autism Online Courses

Title: Understanding Autism
Date: Any
Time: 40 - 90mins
Location: Any
Organised by: National Autistic Society
Cost: £30 plus VAT (please check)
For more information: [National Autistic Society Online Training Courses](#)
Contact: National Autistic Society (www.autism.org.uk)

Title: Autism and Sensory Experience
Date: Any
Time: 40 - 90mins
Location: Any
Organised by: National Autistic Society
Cost: £30 plus VAT (please check)
For more information: [National Autistic Society Online Training Courses](#)
Contact: National Autistic Society (www.autism.org.uk)

Title: Women and Girls
Date: Any
Time: 120 mins
Location: Any
Organised by: National Autistic Society
Cost: £30 plus VAT (please check)
For more information: [National Autistic Society Online Training Courses](#)
Contact: National Autistic Society (www.autism.org.uk)

Title: Understanding Autism, Asperger's and ADHD
Date: Any
Time: 6 units (3 hours of study per unit)
Location: Any
Organised by: Derby University
Cost: Free (please check)
For more information: [University of Derby Online Learning](#)
Contact: Derby University

Title: Autism Stress and Anxiety
Date: Any
Time: 40 - 90 mins
Location: Any
Organised by: National Autistic Society
Cost: £30 plus VAT (please check)
For more information: [National Autistic Society On Line Courses](#)
Contact: National Autistic Society (www.autism.org.uk)

Social Communication & Autism Online Forums and Social media groups

These Facebook groups share information about events, news, groups and upcoming courses in the Derby area.

- Advocates for ADHD and ASD (Derby) (non-profit organisation)
- Autism Derby by Julie Fearn
- Derby City Local Offer (public service)
- organisation)
- Derby SEND Information Advice and Support Service (public service)
- Derbyshire Autism Support Group (non-profit organisation)
- Fun-abil8y Service (non-profit organisation)
- National Autistic Society Derby and District Branch (non-profit organisation)
- Parent Carers Together (community organisation)

- Special Needs Circle East Midlands (non-profit organisation)
- Sunshine support (non-profit organisation)
- Tegan's Butterflies in Paradise (community)
- Umbrella Derby and Derbyshire

Help online

National Autistic Society Discussion Forum - <https://www.autism.org.uk/get-involved/join-our-community.aspx>

Contact helpline - <https://contact.org.uk/advice-and-support/our-helpline/>

If any of the information printed is incorrect or you would like to include information about a course or support group for parents of children with Social Communication Needs or Autism in a future issue please contact stepsadmin@derby.gov.uk