



CHELLASTON JUNIOR SCHOOL

Maple Drive
Chellaston
Derby
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Head teacher – Mr Alex Smythe

*Together we are **stepping to success**. Together we are **working to achieve our best***

January 2020

Dear Parents,

SWIMMING LESSONS – DUFFIELD AND GLOSSOP CLASSES

Swimming lessons for Glossop and Duffield classes will take place on Friday mornings and the first session will be **Friday 28 February 2020 at Repton School**. Both classes will leave school at 9.30 am on and will return to school at approximately 11.45 am. Children may bring a **small biscuit-type** snack to eat after their lesson.

Your child will need to bring: -

- Swimsuit/swimming trunks (not bikini/Bermuda shorts)
- Goggles – please read the attached form and complete, if required.
- A swimming hat (boys and girls). If your child does not wear a swimming hat, they will not be allowed to take part in swimming lessons (swimming hats can be purchased from school at a cost of £3).
- Towel
- Comb/brush
- A suitable bag to put the kit in (not their school bag)

If your child wears earrings, these **must be removed for swimming lessons** (a health and safety requirement). Therefore we would ask that you don't get your child's ears pierced whilst they are taking part in swimming lessons as they would not be able to swim until their ears have had time to heal.

Generally, we expect children to go swimming if they are well enough to attend school. However, if you feel your child is unable to go swimming for a medical reason, please inform the class teacher, in writing.

We find that Year 4 is an ideal time to make progress in swimming and we look forward to what we're sure will be a very enjoyable series of lessons.

Yours faithfully,

Mrs Stephenson and Miss McGinty

Use of Goggles during Swimming Lessons

Children may wear goggles for swimming lessons. However, there are some potential risks involved including:

- possible injury to the eyeball through the incorrect putting on and removal of goggles.
- goggles do not always prevent pool water from coming into contact with the eyes, which can increase the potential of accidents.

Having considered the risks, should you wish your child to wear goggles during school swimming lessons, please sign and return this form to the school, acknowledging that you are aware of the risks involved.

Please note that if at any time the school staff feel that the goggles are creating a safety risk to your child or other pupils, the goggles must be removed.

We therefore ask that that:

- A) parents have ensured that the goggles adhere to the relevant British Standards.
- B) parents have trained their children to use the goggles safely to prevent eye injuries.
- C) the goggles are regularly checked for wear and tear and replaced if doubts exist.

DISCLAIMER

I, the parent/guardian of _____, hereby confirm that I wish for my child to wear goggles during school swimming lessons.

I recognise the risks related to the use of goggles and have accepted the parental/guardian responsibilities noted.

Signed _____ Date _____

Printed Name _____