

## School Dinner Menu—Monday 9th — Friday 27th September 2019

Monday

w/c 9th September

**Choose a main** **with**  
Assorted Pizza (G,M) Potato Cubes  
Peas  
Baked Beans

**Dessert**  
Apple Flapjack (G,S,M)

Tuesday

**Choose a main** **with**  
Beef Chilli Rice  
Quorn Chilli (G,S,E) Garlic Bread (G)  
Mushrooms

**Dessert**  
Arctic Roll (E,G,S,M)

Wednesday

**Choose a main** **with**  
Roast Chicken Roast Potatoes (G)  
Quorn Fillets (G,M) Gravy (G)  
Carrots

**Dessert**  
Chocolate Crunch & Cream (M,G, E,S)  
Broccoli

Thursday

**Choose a main** **with**  
Bacon Hash Browns  
Quorn Sausage (G,M,E) Eggs (E)  
Tomatoes

**Dessert**  
Jam Doughnut (G,M,S,E)  
Baked Beans

Friday

**Choose a main** **with**  
Chicken Steaks (G) Chips  
Quorn Dippers (G,M) Peas  
Sweetcorn

**Dessert**  
Homemade Biscuits (G,M,S)

w/c 16th September

**Choose a main** **with**  
Meatballs (G,M) Pasta (G)  
Quorn Balls (G,E) Sweetcorn  
Peas

**Dessert**  
Blueberry Muffin (M,S,G,E)

**Choose a main** **with**  
Chicken Tikka (M) Rice  
Quorn Tikka (M,E) Naan Bread (G,E,M)  
Peas

**Dessert**  
Ice Cream (M)

**Choose a main** **with**  
Roast Gammon Roast Potatoes (G)  
Cheesy Pasta (G,M) Gravy (G)  
Carrots  
Cabbage

**Dessert**  
Cheesecake (E,G,M,S)

**Choose a main** **with**  
Minced Beef Pie (G,S,M) Potatoes  
Quorn Pie (G,M,E,S) Green Beans  
Sweetcorn

**Dessert**  
Sponge Cake (G,M,S,E)

**Choose a main** **with**  
Fish Fingers (F,G) Chips  
Vegetable Fingers (G) Peas  
Mushy Peas

**Dessert**  
Toffee Mousse (M)

w/c 23rd September

**Choose a main** **with**  
Chicken Steaks (G) Creamed Potatoes (M)  
Vegetable Bakes (G) Sweetcorn  
Peas

**Dessert**  
Jam Sponge (G,S,M,E)

**Choose a main** **with**  
Fish (F,S) Creamed Potatoes (M)  
Vegetable Fingers (G) Parsley Sauce (M)  
Peas  
Mushy Peas

**Dessert**  
Shortbread (G,M,S)

**Choose a main** **with**  
Roast Pork Roast Potatoes (G)  
Quiche (G,E,S,M) Carrots  
Cauliflower  
Apple Sauce

**Dessert**  
Jelly & Ice Cream (M)

**Choose a main** **with**  
Beef Bolognaise Pasta (G)  
Quorn Bolognaise (G,S,E) Garlic Bread (G)  
Mixed Veg

**Dessert**  
Peaches & Cream (M)

**Choose a main** **with**  
Hotdogs & Ketchup (G) Chips  
Quorn Dog (G,M,E) Baked Beans

**Dessert**  
Strawberry Mousse (M)

FRESH SALAD  
Is available on  
a daily basis

FRESH FRUIT  
Is available on  
a daily basis

CHILLED WATER  
Is available on a  
daily basis

FRESH MILK  
Is available on  
a daily basis

(C) Celery, (Cr) Crustaceans, (E) Eggs, (F) Fish, (G) Gluten, (L) Lupin, (M) Milk  
(MO) Molluscs, (Mu) Mustard, (N) Nuts, (P) Peanuts, (Se) Sesame, (S) Soybeans, (Su) Sulphites  
Some ingredients may contain traces of other allergens if they are produced in premises where they are present.

### ALLERGIES

Children with allergies will be catered for from the menu using modified dishes when necessary.