

School Dinner Menu—Monday 22nd October — Friday 16th November 2018

Monday

w/c 22nd October

Choose a main

Sausage Roll (G,M,Mu,S)
Quorn Roll (G,M,E,Mu,S)

with

Potatoes
Sweetcorn
Green Beans
Gravy (G)

Dessert

Jam Sponge (E,G,M,S)

Tuesday

Choose a main

Beef Bolognese
Quorn Bolognese (G,S,E)

with

Pasta (G)
Garlic Bread (G)
Mushrooms
Mixed Veg

Dessert

Arctic Roll (G,M,E,S)

Wednesday

Choose a main

Roast Chicken
Cheesy Pasta (G,M)

with

Roast Potatoes (G)
Carrots
Cauliflower

Dessert

Apple Pie & Custard (G,M,E,S)

Thursday

Choose a main

COOK'S CHOICE

with

Dessert

Choose a main

HOLIDAYS! - Enjoy the break

Dessert



w/c 5th November

Choose a main

Fish Cake (F,G, M,Mu,Su)
Vegetable Burger (G)

with

Chips
Peas
Mushy Peas



Dessert

Lemon Drizzle Cake (E,G,M,S)

Choose a main

Chicken Curry
Vegetable Curry (S)

with

Rice
Naan Bread (G,E,M)
Peas

Dessert

Ice Cream (M)

Choose a main

Roast Turkey
Quiche (E,G,M,S)

with

Roast Potatoes (G)
Gravy (G)
Broccoli
Carrots

Dessert

Rice Pudding & Sultanas (M)

Choose a main

Beef Stew &
Quorn & Lentil Stew

with

Mashed Potatoes (M)
Peas
Sweetcorn
Dumplings (G,S)

Dessert

Cheesecake (G,M,S)

Choose a main

Hot Dogs in a bun (G)
Quorn Dog in a bun (G,S,E)

with

Potato Cubes
Baked Beans
Peas

Dessert

Jam Doughnut (G,M,E,S)

w/c 12th November

Choose a main

Assorted Pizza (G,M)

with

Potato Wedges
Peas
Spaghetti Hoops (G)

Dessert

Chocolate Sponge & Cream (E,G,M,S)

Choose a main

Turkey Lasagne (M,G)
Quorn Lasagne (M,G,)

with

Chips
Mixed Veg

Dessert

Toffee Mousse (M)

Choose a main

Roast Pork
Quorn Fillets (G,M)

with

Roast Potatoes (G)
Gravy (G)
Apple Sauce
Carrots / Cabbage

Dessert

Jam / Lemon Tart & Custard (G,M,E,S)

Choose a main

Beef Chili
Quorn Chili (S,G,M)

with

Rice
Garlic Bread (G)
Peas
Mushrooms

Dessert

Arctic Roll (G,M,E,S)

Choose a main

Fish (F,G)
Vegetable Fingers (G)

with

Mashed Potatoes (M)
Parsley Sauce (M)
Peas
Mushy Peas

Dessert

Homemade Biscuits (G,M,S)

FRESH SALAD
Is available on
a daily basis

FRESH FRUIT
Is available on
a daily basis

CHILLED WATER
Is available on
a daily basis

FRESH MILK
Is available on
a daily basis

(C) Celery, (Cr) Crustaceans, (E) Eggs, (F) Fish, (G) Gluten, (L) Lupin, (M) Milk
(MO) Molluscs, (Mu) Mustard, (N) Nuts, (P) Peanuts, (Se) Sesame, (S) Soybeans, (Su) Sulphites

ALLERGIES

Children with allergies will be catered for from the menu using modified dishes when necessary.