

School Dinner Menu
Monday 29 January - Friday 2 March 2018

CHOICE	MONDAY 29-Jan	TUESDAY 30-Jan	WEDNESDAY 31-Jan	THURSDAY 01-Feb	FRIDAY 02-Feb
MEAT or FISH	Sausage Roll (G,M,Mu,S) Mashed Potato (M,S) Sweetcorn Peas Gravy (G)	Beef Bolognaise Pasta (G) Garlic Bread (G) Mixed Veg	Roast Gammon Roast Potatoes (G) Carrots Broccoli Gravy (G)	Chicken Curry (S) Rice Naan Bread (G,E,M) Peas	Chicken Steaks (G,M) Chips Spaghetti Hoops (G)
MEAT FREE	Quorn Roll (E,G,Mu,Su) Mashed Potato (M,S) Sweetcorn Peas Gravy (G)	Quorn Bolognaise (E,G) Pasta (G) Garlic Bread (G) Mixed Veg	Quiche (G,E,M,S) Roast Potatoes (G) Carrots Broccoli Gravy (G)	Vegetable Curry (S) Rice Naan Bread (G,E,M) Peas	Quorn Dippers (G,M) Chips Spaghetti Hoops (G)
DESSERT	Sponge (G,E,M,S)	Strawberry Angel Delight (M)	Apple Crumble & Custard (E,G,M)	Toffee Mousse	Homemade Biscuits (G,M)
CHOICE	MONDAY 05-Feb	TUESDAY 06-Feb	WEDNESDAY 07-Feb	THURSDAY 08-Feb	FRIDAY 09-Feb
MEAT or FISH	Assorted Pizza (G,M) Chips Baked Beans Peas	Beef Hotpot (M,G) Sliced Potatoes (G) Sweetcorn Broccoli	Beef Chili Rice Garlic Bread (G) Peas	Roast Chicken Roast Potatoes (G) Carrots Green Beans Gravy (G)	Fish (F,G) Parsley Sauce (M) Mashed Potato (M) Peas Mushy Peas
MEAT FREE	Assorted Pizza (G,M) Chips Spaghetti Hoops (G) Peas	Quorn Hotpot (E,M) Sliced Potatoes (G) Sweetcorn Broccoli	Quorn Chili (G,S,E) Rice Garlic Bread (G) Peas	Quorn Fillet (G,M) Roast Potatoes (G) Carrots Green Beans Gravy (G)	Veggie Fingers (G) Parsley Sauce (M) Mashed Potato (M) Peas Mushy Peas
DESSERT	Sponge (G,E,M,S)	Rice Krispy Cake (M)	Ice Cream (M)	Lemon Curd Sponge & Custard (G,M,E,S)	Muffin (G,M,E,S)
CHOICE	MONDAY 12-Feb	TUESDAY 13-Feb	WEDNESDAY 14-Feb	THURSDAY 15-Feb	FRIDAY 16-Feb
MEAT or FISH	Meatballs (G, M) Pasta (G) Mixed Veg Mushrooms	Minced Beef Pie (G,M,E) Mashed Potato (M) Sweetcorn Green Beans	Roast Beef Yorkshire Pudding (G,M,E) Roast Potatoes (G) Carrots Cabbage / Gravy (G)	Sweet & Sour Chicken (G,S) Rice Prawn Crakers (Cr) Peas	COOK'S CHOICE
MEAT FREE	Quorn Balls (G, E) Pasta (G) Mixed Veg Mushrooms	Quorn Pie (G,E,S,M) Mashed Potato (M) Sweetcorn Green Beans	Tomato Pasta (G, S) Roast Potatoes (G) Carrots Cabbage Yorkshire Pudding (G,M,E)	Sweet & Sour Quorn (G,S,E) Rice Prawn Crakers (Cr) Peas	COOK'S CHOICE
DESSERT	Orange Sponge Cake (G,E,M,S)	Chocolate Doughnut (G,M,E,S)	Cheesecake (M,G,S)	Jelly & Ice Cream (G,M)	
CHOICE	MONDAY 26-Feb	TUESDAY 27-Feb	WEDESDAY 28-Feb	THURSDAY 01-Mar	FRIDAY 02-Mar
MEAT or FISH	Chicken Steaks (G,M) Chips Spaghetti Hoops (G) Peas	Chicken Tikka (M,S) Rice Naan Bread (G,E,M) Peas	Roast Gammon Roast Potatoes (G) Carrots Broccoli	Beef Bolognaise Pasta (G) Garlic Bread (G) Mixed Veg Mushrooms	Hot Dog & Bun (G) Potato Wedges Baked Beans Peas
MEAT FREE	Quorn Dippers (G,M) Chips Spaghetti Hoops (G) Peas	Quorn Tikka (M,S,E) Rice Naan Bread (G,E,M) Peas	Quorn Fillet (G,M) Roast Potatoes (G) Carrots Broccoli	Quorn Bolognaise (E,G) Pasta (G) Garlic Bread (G) Mixed Veg Mushrooms	Quorn Dog & Bun (M, G, E) Potato Wedges Baked Beans Peas
DESSERT	Sponge (G,E,M,S)	Ice Cream Tubs (M)	Jam / Lemon Tart & Custard (E,G,M)	Flapjack (G,M)	Choc Ice (M)

Allergen Codes

(C) Celery (Cr) Crustaceans (E) Eggs (F) Fish (G) Gluten (L) Lupin (M) Milk
(MO) Molluscs (Mu) Mustard (N) Nuts (P) Peanuts (Se) Sesame (S) Soybeans (Su) Sulphites
Salad bar available each day - Jacket potatoes with a choice of fillings - Sandwiches available on selected days
Yogurts and a selection of fruits are also available for dessert
(Menus maybe subject to change)