



CHELLASTON JUNIOR SCHOOL

Maple Drive  
Chellaston  
Derby  
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Telephone 01332 701460  
Headteacher Mr James Emery

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Dear Parent / Guardian

During the spring term, Year 5 children will be taught Relationship and Sex Education (RSE) through their PSHE lessons.

At Chellaston Junior School, we believe that effective RSE is essential for young people to help them make responsible and well-informed decisions about their lives. In today's modern society, it is essential that we as a school prepare all children for the future, particularly as they make the transition from being a child to a teenager and into an adult.

Our RSE programme has therefore been developed to ensure that all children:

- Develop confidence in talking, listening and thinking about feelings and relationships.
- Are able to name parts of the body and describe how their body works.
- Can protect themselves and ask for help and support.
- Are prepared for physical and emotional changes during puberty.

We appreciate that this is a sensitive and controversial subject area, but one which we feel is important to teach.

At Chellaston Junior School we believe that by focussing on the importance of developing and maintaining relationships and teaching through PSHE, the children will receive an effective RSE curriculum.

If you have any concerns or issues regarding RSE, please do not hesitate to contact me at school.

Thank you for your continuing support.

Mrs J Collins  
PSHE Co-ordinator