

**Chellaston Junior School**  
**Subject Policy : PSHE/Citizenship**  
**Staff Responsible : Yvonne Macdonald**  
**Date of Policy : November 2014, Adopted by the Governing Body in December 2014**  
**Review Date: Autumn Term 2015**

**“CJS, CJS,  
Together we are stepping to success  
CJS, CJS,  
Together we are working to achieve our best.”**

### **1. Introduction**

This document is a statement of the aims, principles and strategies for the teaching and learning of Personal Social and Health Education at Chellaston Junior School. It was updated during November 2014 by the PSHE Co-ordinator. This policy will be reviewed in Autumn Term 2015. This subject is part of the Health and Well-being learning team.

This document aims to follow the ethos at the core of the school's vision and SDP, emphasising:

- **Successful learners** who enjoy learning, make progress and achieve
- **Confident individuals** who are able to lead safe, healthy and fulfilling lives
- **Responsible citizens** who make a positive contribution to society

### **Rationale**

- PSHE and Citizenship helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.
- PSHE and Citizenship encourages pupils to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities.
- Pupils learn to recognise their own worth, work well with others and become increasingly responsible for their own learning.
- Pupils are given the opportunity to reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.
- Pupils also find out about the main political and social institutions that affect their lives and about their responsibilities, rights and duties as individuals and members of communities.
- Pupils learn to understand and respect our common humanity, diversity and the differences so that they can go on to form the effective, fulfilling relationships that are essential part of life and learning.

### **2. Aims**

- To provide opportunities for all pupils to learn and to achieve.
- To promote pupils' spiritual, moral, social and cultural development and prepare all pupils for the opportunities, responsibilities and experiences of life.

These two aims reinforce each other; the personal development of pupils, spiritually, morally, socially and culturally, play a significant part in their ability to learn and achieve.

At Chellaston Junior School, we believe that development in both areas is essential to raising standards of all pupils.

### **3. Teaching Strategies**

Effective teaching relies on implementing appropriate methods for the aim of the lesson or unit of work which cannot always be confined to a specific timetabled time. All teachers will use a variety of flexible and active learning methods. These include:

- Effective starting and ending strategies.
- Higher order questioning skills.
- Climate building and ground rules.
- Agenda setting.
- Working together.
- Values clarification.
- Information gathering and sharing.
- Consensus building.
- Problem solving.
- Understanding another point of view.
- Working with feelings and imagination.
- Reflection, review and evaluation.
- Circle time.
- Circle meetings.
- Drama and role-play.
- Through pastoral care and guidance.

### **Answering Difficult Questions**

Sometimes an individual child will ask an explicit or difficult question in the classroom. Questions do not have to be answered directly and can be addressed later. This school believes that individual teachers must use their skill and discretion in these situations and refer to the PSHE/Citizenship Co-ordinator concerned.

### **4. Entitlement**

Our aim at Chellaston Junior School is to provide a PSHE and Citizenship curriculum, which fulfills the needs of all pupils regardless of their age, gender and ethnicity. PSHE and Citizenship will be taught as an "Open Forum" (discussion based) rather than a written academic subject, as outlined in the teaching methods and learning approaches. Therefore, the nature of the PSHE and Citizenship curriculum helps all pupils to develop as individuals in a wider society. Pupils learn to understand themselves physically, emotionally, socially and sexually and to understand their relationships with others.

### **5. Progression and Continuity**

Within the thematic approach of the school, the same skills are reinforced at different levels every year to ensure continuity. PSHE is linked directly to each theme, however RSE, Drugs and Anti-bullying are taught explicitly in every year group.

The children experience more complex challenges and activities as they progress through the school designed to make them responsible citizens who are able to make informed decisions and choices in their own lives.

Theme books are reviewed half-termly across the school to monitor planning and practice and provide feedback in a rigorous and systematic review of the curriculum overall.

## **6. Assessment, Reporting and Recording**

In PSHE and Citizenship there are two broad areas for assessment:

- *Children's knowledge and understanding* – e.g. information and understanding of health and safety issues, understanding of rules, understanding of the meaning of ideas including democracy.
- *How well children can use their knowledge and understanding in developing skills and attitudes* – e.g. through participating in discussions, group tasks and activities, managing conflict, making decisions and promoting positive relationships.

At Chellaston Junior School children's work and progress is ongoing and is monitored continually by the teacher through observation in lessons. According to school assessment policy, each child's ability is assessed on the key skills and these are monitored throughout the year, before producing a formal teacher assessment which is reported to parents at the end of each academic year. These assessments are then passed on to the next teacher.

## **7. Links Across the Curriculum**

Opportunities to link PSHE and Citizenship to other curriculum areas will be identified by individual teachers and year groups and used when appropriate within the school themes. Links are made to emphasise the importance of communication skills, literacy skills and ICT skills.

## **PSHE and Citizenship Activities and School Events**

These include:

- Residential visits and special days in school (e.g. – Y3 Greek Day) which provide opportunities for children to plan, solve problems and work together and to develop and maintain relationships under different circumstances.
- School Council - which encourages pupils to work together with teachers, governors and adult members of staff in making decisions for their school (See School Council section).
- Extra-Curricular activities – which provide children with opportunities to take part in a variety of clubs, developing teamwork and co-operation skills and helping to promote a healthier lifestyle.
- Visits from the local community police officer
- Visits from local school nurse to discuss RSE

## **8. Resources**

- The resources for PSHE and Citizenship are stored centrally in the PSHE cupboard.
- The SEAL resources, including the unit on anti-bullying are available on the school network.
- The RSE resources are available on the school network which is taken from the Derby City Council's 'Primary Sex and Relationship Education Scheme of Work'.
- The Drug Education unit is taken from the Derby City Council's 'Primary Drug Education Scheme of Work'.

## **Use of Visitors**

In order to accelerate and enhance the PSHE/Citizenship Curriculum, the school uses several community based agencies and organisations. Examples of this include the

school nurse helping to deliver the Sex Education curriculum and the local community police officer and fire officer talking to the children about safety issues.

#### Other related policies

Other subject policies also provide good links with PSHE and Citizenship in School.

These include:

- Child Protection
- Equal Opportunities
- Behaviour Policy/Discipline
- Health and Safety
- Sex and Relationship Education
- Drugs Education
- Assessment, recording and reporting
- Racial Equality
- Environmental Education
- Science
- RE

#### **9. Health and Safety**

Each class establishes a clear set of rules to adhere to during PSHE lessons in order for each child to feel safe and secure when discussing challenging issues and personal feelings.

#### Health Promoting Schools Award

At Chellaston Junior School we recognise the Health Promoting Schools Award as an effective vehicle to promote PSHE and Citizenship. It offers an integrated whole-school process, set alongside nationally agreed criteria, looking at health issues in their wider sense. We have been working with local partners and agencies to develop PSHE and Citizenship, including emotional health, sex and relationship education, drug education, safety, healthy eating and physical activity. Chellaston Junior School is registered with the Derby and Derbyshire Health Promoting Schools Award (HPSA) which is accredited under the National Healthy School Standard.

#### **10. Monitoring and Evaluation**

The subject leader and the learning team monitor the standards and progress in PSHE through book scrutiny, pupil interviews and learning walks, where prioritised on the SDP. Subject leaders will keep relevant information in a subject leader section in the Learning Team folder. Subject leaders will also collaborate with other schools in PEIP 5, to share ideas on curriculum monitoring and development to raise standards.