



GLUTEN FREE School Dinner Menu



FRESH MILK Is available daily



FRESH FRUIT & SALAD Available daily!



Monday

Week Commencing 15th March

Choose a Main
Assorted pizza (M)

With
Potato wedges
Peas
Baked beans

Dessert
Yogurts & fruit (M)

Week Commencing 22nd March

Choose a Main
Battered breast fillets

With
Potato wedges
Pea
Sweetcorn

Dessert
Chocolate sponge (E,M)

Week Commencing 29th March

Choose a Main
Chicken Goujons

With
Chips
Baked Beans
Peas

Dessert
Sponge & cream (M,E)

Week Commencing 19th April

Choose a Main
meatballs

With
pasta
Mixed vegetables

Dessert
Jam sponge (E,M)

Tuesday

Choose a Main
Beef Bolognese

With
Pasta
Peas/sweetcorn

Dessert
Toffee Mousse (M)

Choose a Main
Sausage
Gravy

With
Creamed Potatoes (M)
Sweetcorn
Green beans

Dessert
Jelly pots

Choose a Main
Beef chilli

With
Rice
Peas

Dessert
Flapjack (S,M)

Choose a Main
Chicken hot pot

With
Potato slices
Broccoli
peas

Dessert
Chocolate sponge (M,E)

Wednesday

Choose a Main
Roast chicken

With
Roast potatoes
Spring cabbage
Carrots
Gravy

Dessert
Sponge cake

Choose a Main
Roast gammon
Gravy

With
Roast potatoes,
Carrot's broccoli

Dessert
Ice-cream (M)

Choose a Main
Chicken pie (M)

With
Potatoes
Green beans
Carrots, Gravy

Dessert
Toffee mousse (M)

Choose a Main
Roast beef

With
Roast potatoes
Cauliflower carrots
Gravy

Dessert
Rice pudding & sultanas

Thursday

Choose a Main
Bacon

With
Hash browns
Eggs (E,M)
Baked beans
Tomatoes

Dessert
Chocolate brownie (M)

Choose a Main
Chicken curry

With
Rice
Peas

Dessert
Strawberry Mousse (M)

Choose a Main
Beef Bolognese

With
Pasta
Mixed vegetables
mushrooms

Dessert
Fruit & cream (M)

Choose a Main
Fish (F)
Parsley sauce (M)

With
Creamed potatoes (M)
Peas/sweetcorn

Dessert
Ice cream (M)

Friday

Choose a Main
Fish (F)

With
Chips
Mushy peas
Peas

Dessert
Jelly pots

Choose a Main
Chicken bites

With
French fires
Baked beans
Peas

Dessert
Biscuits

Choose a Main
Cook's choice

With

Dessert

Choose a Main
Bacon cobs

With
Smiley faces
Baked Beans
Peas

Dessert
Fruit & yogurt (M)



Jacket potatoes available daily!



ALLERGIES - Children with allergies will be catered for from the menu using modified dishes when necessary.

This is the Gluten Free menu

(C) Celery, (Cr) Crustaceans, (E) Eggs, (F) Fish, (G) Gluten, (L) Lupin, (M) Milk, (MO) Molluscs, (Mu) Mustard, (N) Nuts, (P) Peanuts, (Se) Sesame, (S) Soybeans, (Su) Sulphites. Some ingredients may contain traces of other allergens if they are produced in premises where they are present.